Stronger Together

PEOPLE • CONNECTIONS • OPPORTUNITIES



A Stronger Community for a Brighter Tomorrow

A community-led initiative providing early support, practical skills and social connections to help individuals and families overcome challenges and thrive.

12
Months
of delivery
(2024 – 2025)

24+
Activities
delivered
(2+ per month)

600+
Local community members supported

650+
Beneficiaries reached
(direct & indirect)

Stronger Connections
Healthier People
Brighter Futures

Why We Do This

Many local people face social isolation, emotional challenges and financial pressures. Research shows that early intervention can reduce long-term dependency on social services by up to 40% (Early Intervention Foundation, 2022), and that socially connected individuals are 50% more likely to experience better mental health outcomes. Our project provides proactive, community-driven support to address these challenges before they escalate.

> *"This project gave me hope, new skills and a sense of belonging."*
>
> – Project Participant

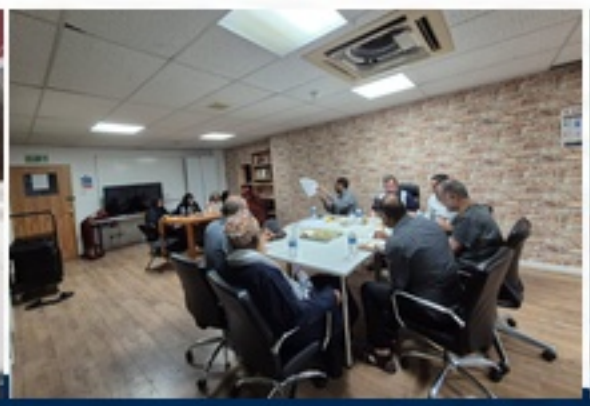
Mental Well-being
Support for healthier, happier lives

Social Inclusion
Bringing people together, stronger communities

Financial Literacy
Building confidence and financial resilience

Employment Skills
Pathways to opportunity and independence







Together, we can build stronger, more resilient communities. ♡

Our Impact

A year of action, connection and positive change

"Stronger communities start with people." ♡

Activities Delivered

24+ sessions and activities across four key areas:

6 Mental Health Sessions



Safe spaces to talk, learn and build resilience.

6 Social Inclusion Events



Bringing people together and reducing isolation.

2 Financial Literacy Workshops



Practical skills for greater financial security.

2 Back2Work Trainings



Building skills and confidence for employment opportunities.

Who We Reached

A diverse range of local people and families:

300+ Individuals (direct support)

650+ Total beneficiaries (direct & indirect)

Families Parents, carers and children

Marginalised Groups Including low-income households and those facing multiple barriers

Connections Created

More than just activities – we built real relationships:

- New friendships and peer support networks
- Stronger links between community members and local services
- Increased collaboration with schools, community centres and faith groups
- A more connected, confident and resilient community

How We Did It

A truly community-led and co-designed approach:

Consulted 100+ community members through surveys, focus groups and discussions

Established a steering group of local residents, service users and partner organisations

Held quarterly **open forums** to gather feedback and shape our work

Adapted and **improved based** on community needs and lived experience

Looking Ahead

Building on this success, we will:

- ✓ Continue and expand support over the next 12–18 months
- ✓ Reach even more individuals and families
- ✓ Strengthen partnerships and create new opportunities
- ✓ Build a sustainable model for long-term impact

